

## Need some Parenting Advice?...Check Out Your Library!

My life has experienced a massive overhaul in the past three months. On March 13, 2010 Jonathan Theodore Hatton was born into the world. My wife and I could not be happier, as our journey to parenthood has been full of ups and downs. However, having made it through those low moments just makes seeing his smiles and hearing his coos that much more precious.

We are very fortunate that Jonathan has a fantastic temperament thus far. He is calm and easy to handle-- most of the time. That being said, we know at some point we will face a test of our parenting limits and will head to the shelves to see what the "experts" say. We have already utilized the library for many resources while we were preparing for his grand entrance and I know we will take advantage of them in the future. Below are some of the titles available at your Bartholomew County Public Library:

*Nurture Shock* by Po Bronson (305.231 Bro)

A New York Times Bestseller that turns conventional parenting wisdom on its head. Po Bronson and his co-author Ashley Merryman demonstrate that many of modern society's strategies for nurturing children are in fact backfiring--because key twists in the science of child development have been overlooked. They cover such issues as the inverse power of praise, why kids lie, and why siblings really fight.

*Ask Supernanny* by Jo Frost (649.1 Fro)

Jo Frost, star of the popular ABC show *Supernanny*, addresses questions from some of the country's most exasperated parents. Her advice is practical and specific with her many techniques for handling the everyday difficulties of raising a child.

*What to Read When* by Pam Allyn (649.58 All)

Pam Allyn has written a book discussing the impact reading has on children and how parents can use books throughout every stage of a child's life. The book is organized into three parts with the first being a discussion of the importance of reading. Second, she presents a chronological listing of books that are appropriate for every age level (birth through 10 years old). The third section deals with 50 themes in a child's life and suggests books that will help parents guide their child through these emotional milestones.

*Eat, Nap, Play* by Robin Spizman (New 649.1 Spi)

Written by moms for moms, this timely guide centers on two back-to-basics philosophies: spend quality time with your kids and spend less money. But this is not a guilt trip—it's a fun-filled adventure. Jam-packed with clever, cost-effective, low-maintenance, often nostalgic ideas you can easily slip *into* your existing routine, *Eat, Nap, Play* shows you how to turn everyday mayhem into precious moments to build memories, foster growth, strengthen bonds, and just have fun.

*Jason Hatton is the Library Services Manager at the Bartholomew County Public Library*