

November Free Programs

Bartholomew County Public Library
536 5th Street, Columbus, IN 47201

To register : call (812) 379-1266 or
email reference@barth.lib.in.us

Aging Gracefully

Monday November 2, 6:30 pm. Red Room.

Doctor Jerome Weber, certified naturopathic doctor, will cover "natural" measures you can do to support your body in the aging process. *Dr. Weber is NOT a medical doctor. He doesn't diagnose, treat, discuss disease, or prescribe medications.*

Columbus Hands-On Junk Museum

Tuesday November 3, 7 pm. Red Room.

John Rondot will discuss the many changes in Columbus over the past 50 years by displaying collectibles, including postcards throughout the 20th century, advertising, and many photographs, including aerials.



Laurel & Hardy Movie Matinee

Saturday November 7. 2 pm. Red Room.

All ages are welcome to watch movies from one of the classic comedy teams, Laurel and Hardy.



A Veteran Remembers: Sixty-Five Years Ago

Monday November 9
6:30 pm, Red Room

John Walter will talk about his WWII experiences from his training as a pilot for the US Air Force to flying 35 combat missions over Europe as a B-17 Flying Fortress pilot. Copies of John's book, *My War*, will be available for purchase.

Our Heroes' Tree

Monday November 9. 5 pm—8 pm.
lower level of library

BCPL is partnering with Purdue's Military Family Research Institute to present Our Heroes' Tree to honor past and present service members. Create a handmade ornament honoring a service member. Bring the ornament to the library by November 9 to hang on the library's Our Heroes' Tree. Or, on November 9 between 5– 8 pm, make an ornament at the Library, supplies provided. Participants are encouraged to include a photo.

Staying Well During Cold and Flu Season

Thursday November 12,
6:30 pm, Red Room



Carolyn Behrman, owner of Natural Choices for Healthy Living, will cover how to keep your immune system in optimal shape to ward off colds and flu this winter. Diet and exercise will be covered.

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Fab and Flat Abs

Monday November 16, 7pm, Red Room

Rita Fisher, CEO of Fit Employee and Certified TurboKick Instructor, will provide tips on ab flattening and participants will hit the floor for exercise. Wear comfy clothes and bring something to lie on.

Basic Budgeting

presented by Centra Credit Union
Tuesday, November 17. 7 pm. Red Room

A budget blueprint puts you in control, based on your needs, situation, and life cycle. Learn the five easy steps to setting up your spending plan and how to be successful by setting realistic goals and making informed choices.

Marion “Frank” Walker: Iwo Jima Veteran

Thurs. November 19,
6:30 pm, Red Room

Marion ‘Frank’
Walker served in
the
Headquarters
Company of the

2nd Battalion, 28th Regiment, and 5th Marine Division. He fought in the battle of Iwo Jima and was one of the few soldiers to reach the top of Mt. Suribachi and live to tell the story.

Mr. Walker is 2nd left of the flag in picture.



Genealogy Day

Sat. November 21. 10am-3pm. Red Room

Sponsored by Bartholomew County Genealogical Society. Genealogy experts Dr. Giles Hoyt of IUPUI, Charlotte Sellers of Jackson County Public Library, and Jane Johnson and Donna Kuhlman from Bartholomew County Genealogical Society will present. A buffet lunch will be provided (\$3 donation). Contact bcgs47202@yahoo.com or 812-372-9274 for more information.

Math Puzzles

Monday November 23. 6:30 PM. Red Room

Kayla White will share tips on solving math puzzles such as Sudoku and Ken-Ken. She is an instructor in accounting and management at Harrison College.

People’s Law: The Constitution

Tuesday November 24. 6:30 PM. Red Room

The Constitution. This 222-year-old document drafted by our founding fathers establishes the rights we’ve all become so accustomed to. Or does it? Presented by the law firms of Kline, King, and King, PC and McGillivray, LLC.

Massage

Monday November 30. 6:30 PM. Red Room

Dana Greathouse will cover what massage can and cannot do for a person. She also will talk about Reiki, a Japanese technique for stress reduction, alternative therapies, massage during pregnancy and massage for cancer patients.

Please flip over for more programs